

9TH STEP

A VERY IMPORTANT STEP, THIS ONE, FOR RESTORING A PERSON'S SELF RESPECT AND LIFTING ONE'S GUILT. THE NINTH STEP IS THE "WEIGHT LIFTING" STEP; WE ALL CARRY A CERTAIN AMOUNT OF WEIGHT BECAUSE OF OUR PAST ACTIONS AND THIS STEP LIFTS THESE FEELINGS OF GUILT OR LOW SELF ESTEEM SO THAT WE MAY CONTINUE WITH OUR PERSONAL RECOVERY. BEFORE WE CAN GO SLAY DRAGONS WITH THE NINTH STEP THOUGH WE MUST BE PREPARED FOR THE UNEXPECTED REALIZATION THAT THIS STEP IS FOR MY PERSONAL RECOVERY, NOT SO THAT A PERSON WILL LIKE ME AND ACCEPT ME, IS ESSENTIAL TO WORKING THE NINTH. DOING OR SAYING THINGS TO GET A DESIRED REACTION IS PART OF MY OLD BEHAVIOR, CONNING TO GET WHAT I WANT. THIS HAS NO PART IN THE PURPOSE OF THE NINTH STEP. IF A PARTY DOES NOT ACCEPT MY AMENDS THAT'S O.K. I'VE DONE MY SINCERE BEST AND GOD'S WILL, AMEN!

A THOROUGH SELF INVENTORY SHOULD PRECEED EACH AMENDS WE MAKE. AM I SINCERELY SORRY ABOUT WHAT I'VE DONE TO THIS PARTY? DID I REALLY DO HARM TO THIS PARTY? AND AM I ANTICIPATING A DESIRED REACTION FROM THIS PARTY? IF SO I'M AMENDING FOR THE WRONG REASONS.

I MUST BE HONEST WITH MYSELF ABOVE ALL ELSE AND THOROUGH TO THE LAST. THUSLY THE WEIGHT IS LIFTED AND I AM PURGED OF GUILT, RENEWED TO CONTINUE ONWARD ~~IN THE JOURNEY TO A NEW SELF.~~ IN THE JOURNEY TO A NEW SELF.

PRISTOL LITERATURE COMMITTEE!

~~The 9th Step~~

~~I was cleaning out a box full of soft
Back books one day when a knock at the door brought
my attention over to that direction. That stood at
the door asking my mother~~